

October 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

	1) Chef Salad Contains: eggs, cucumbers, tomatoes, carrots, celery, and croutons	2) Apple Cabbage Salad Contains: apples, carrots, cauliflower, tomatoes, and cucumbers	3) Korean Lettuce Salad Contains: cucumbers, tomatoes, red onions, carrots, and sesame seeds
7) Veggie Salad Contains: tomatoes, cucumbers, celery, onions, and carrots	8) Fall Salad Contains: Feta cheese, apples, pears, cranberries, tomatoes, and cucumbers	9) Caesar Salad Contains: Parmesan cheese, and croutons	10) Garden Salad Contains: Tomatoes, cucumbers, bell peppers, carrots, and croutons
14) Harvest Salad Contains: Butternut squash, apples, brussel sprouts, and parmesan cheese	15) Taco Salad Contains: Nachos, tomatoes, bell peppers, black beans, red onions, jalapenos, and guacamole	16) Garden Salad Contains: Tomatoes, cucumbers, bell peppers, carrots, and croutons	17) Strawberry Salad Contains: Radishes, strawberries, avocado, and cheddar cheese.
21) Watermelon Lettuce Salad Contains: Watermelon, cucumbers, mint, basil, tomatoes, and feta cheese	22) Veggie Salad Contains: tomatoes, cucumbers, celery, onions, and carrots	23) Chef Salad Contains: eggs, cucumbers, tomatoes, carrots, celery, and croutons	24) Caesar Salad Contains: Parmesan cheese, and croutons
28) No School	29) Veggie Salad Contains: tomatoes, cucumbers, celery, onions, and carrots	30) Taco Salad Contains: Nachos, tomatoes, bell peppers, black beans, red onions, jalapenos, and guacamole	31) Garden Salad Contains: Tomatoes, cucumbers, bell peppers, carrots, and croutons